

## POULTRY

### OLD SMOKEY

SMOKED TURKEY, SMOKED SWISS, LETTUCE, TOMATO & MAYO SERVED COLD ON FARM BREAD.....13

### TURKEY CLUB

SMOKED TURKEY, BACON, LETTUCE, TOMATO & MAYO SERVED HOT ON FOCCACIA BREAD.....13

### CHICKEN CLUB

GOLDEN BATTERED CHICKEN BREAST, BACON, LETTUCE, TOMATO, MONTEREY JACK & RANCH DRESSING ON A TOASTED CROISSANT.....15

### CHICKEN PARM

GOLDEN BATTERED CHICKEN BREAST, MARINARA & PROVOLONE ON A TOASTED HOAGIE.....13

### CAJUN CHICKEN

ROASTED CHICKEN BREAST, BACON, MONTEREY JACK & CAJUN MAYO SERVED HOT ON TOASTED MULTIGRAIN.....13

### CHICKEN & CHEESES

ROASTED CHICKEN BREAST, BACON, SHARP WHITE CHEDDAR, PROVOLONE & BBQ SAUCE SERVED HOT ON TOASTED FARM BREAD.....13

### CHICKEN SALAD SANDWICH

HOMEMADE WITH ROASTED CHICKEN BREAST, LETTUCE & TOMATO ON A CROISSANT.....14

### CHICKEN BAGEL

ROASTED CHICKEN BREAST, PROVOLONE & BBQ OR TERIYAKI SAUCE SERVED HOT ON A BAGEL.....12

### PULLED TURKEY

OVEN ROASTED TURKEY OFF THE BONE, SERVED HOT WITH PROVOLONE, GARLIC MAYO, LETTUCE & ONION ON TOASTED FARM BREAD.....15

### BUFFALO BILL

GOLDEN BATTERED CHICKEN BREAST, BACON, BUFFALO SAUCE, LETTUCE, TOMATO & BLUE CHEESE DRESSING ON A TOASTED KAISER.....15

### HAWAII FIVE-OH

SMOKED TURKEY, PEPPER JACK, PINEAPPLE CHUTNEY, BACON, COLESLAW & MAUI SWEET ONION POTATO CHIPS SERVED HOT ON TOASTED FARM BREAD.....15

### MANDALICIOUS

SMOKED TURKEY, BLUE CHEESE DRESSING, THOUSAND ISLAND, PROVOLONE & COLESLAW SERVED HOT ON TOASTED FOCCACIA.....13

### SKINNY WRAP

SMOKED TURKEY, PROVOLONE, LETTUCE, TOMATO, ONION, ALFALFA SPROUTS, PEPPER RINGS & MAYO IN A TOMATO WRAP.....13

### FAJITA WRAP

ROASTED CHICKEN BREAST STRIPS, ROASTED ONIONS & RED PEPPERS, MONTEREY JACK CHEESE & CILANTRO LIME SAUCE IN A TOASTED FLOUR TORTILLA.....13

### THE GOBLER

PULLED TURKEY, ROASTED ONIONS & GREEN PEPPERS, PROVOLONE & GIARDINERA ON A TOASTED HOAGIE WITH CHICKEN STOCK DIPPING SAUCE.....15

## BEEF

### BEEFEATER

ROAST BEEF, PASTRAMI, SHARP WHITE CHEDDAR & HORSIE SAUCE SERVED HOT ON TOASTED FOCCACIA .....15

### THE MAD COW

ROAST BEEF, SHARP WHITE CHEDDAR, LETTUCE, TOMATO & MAYO OR HORSIE SAUCE ON FARM BREAD .....15

### TRIPLE “B” MELT

ROAST BEEF, BACON, BBQ, PROVOLONE & ROASTED ONIONS SERVED HOT ON TOASTED FARM BREAD.....15

### THE PHILLY

ROAST BEEF, ROASTED ONIONS, PORTOBELLO MUSHROOMS & RED PEPPERS, PROVOLONE & PARMESAN MAYO SERVED HOT ON TOASTED FARM BREAD.....15

### PAISANO

PASTRAMI, SALAMI, PEPPER JACK & CREAMY ITALIAN DRESSING SERVED HOT ON TOASTED FOCCACIA.....15

### NO PHONEY BALONEY

ALL BEEF BOLOGNA CUT THICK & GRILLED WITH SMOKED CHEDDAR, ROASTED ONIONS & DIJON ON TOASTED FOCCACIA.....15

### CORNED BEEF

TRIMMED & SHAVED DAILY & SERVED HOT ON JEWISH RYE WITH YOUR CHOICE OF DIJON, YELLOW MUSTARD OR HORSERADISH.....16  
JUMBO CORNED BEEF.....20 .....ADD CHEESE.....1

### THE REUBEN

CORNED BEEF, SAUERKRAUT, SWISS CHEESE & THOUSAND ISLAND DRESSING SERVED HOT ON TOASTED JEWISH RYE.....18

### POLISH STEAK

ALL BEEF POLISH SAUSAGE CUT & GRILLED, PROVOLONE, ROASTED ONIONS & HONEY MUSTARD SERVED ON TOASTED FARM BREAD.....12

### CHICAGO SQUEALER

1/4 LB. ALL BEEF HOT DOG, DEEP FRIED AND SERVED WITH YOUR FAVORITE TOPPINGS.....8  
.....ADD CHILI OR CHEESE 1 .....

### HALF POUND BURGER

ALL BEEF PATTY TOPPED JUST THE WAY YOU LIKE IT ON A TOASTED KAISER.....15  
.....ADD BACON 1/SLICE.....

### GYRO

SEASONED LAMB & BEEF WITH ONIONS, TOMATOES & HOMEMADE CUCUMBER SAUCE IN A WARM PITA.....13

### THE FAMILY JEWELS

HOMEMADE MEATBALLS, MARINARA & PROVOLONE ON A TOASTED HOAGIE.....15

### CHICAGO BEEF

HOT SHAVED ROAST BEEF IN AU JUS ON A TOASTED HOAGIE WITH PROVOLONE, ROASTED ONIONS, GREEN PEPPERS & SPICY GIARDINERA.....15

### POLISH BOY

ALL BEEF POLISH SAUSAGE, SLAW, BBQ & FRIES ON A TOASTED HOAGIE.....13

## PORK

### SMOKEHOUSE PORK CUTLET

CRISPY BREADED CUTLET WITH SMOKED CHEDDAR, BACON, ROASTED ONIONS & PEPPERCORN RANCH ON A TOASTED KAISER.....13

### THE WHOLE HOG

APPLEWOOD CARVING HAM WITH HONEY MUSTARD SERVED COLD ON FRESH FARM BREAD.....12  
..... ADD CHEESE 1.....

### PULLED PORK

CHARCOAL ROASTED PORK, PROVOLONE & BBQ SAUCE ON TOASTED FOCCACIA.....15

### BLT

THREE LAYERS OF TOASTED FARM BREAD WITH BACON, LETTUCE, TOMATO & MAYO.....14

### SMALL BLT

TWO SLICES OF TOASTED FARM BREAD WITH BACON, LETTUCE, TOMATO & MAYO.....12

### ALL ITALIAN

GENOA SALAMI, CAPPICOLA, PROSCIUTTO, PROVOLONE CHEESE & CREAMY ITALIAN DRESSING ON TOASTED FARM BREAD.....13

### THE U-BOAT

THE ULTIMATE SUB SANDWICH WITH APPLEWOOD HAM, SMOKED TURKEY, GENOA SALAMI, ALL BEEF BOLOGNA, MONTEREY JACK CHEESE, LETTUCE, TOMATO, PEPPER RINGS & ITALIAN DRESSING ON A HOAGIE.....15

### THE DAGWOOD

APPLEWOOD HAM, SMOKED TURKEY, ROAST BEEF, SWISS CHEESE, LETTUCE, TOMATO & DIJON MUSTARD SERVED COLD ON A CROISSANT.....15

### MY-THAI

CRISPY BACON & SPICY PEANUT BUTTER ON TOASTED JEWISH RYE.....12

### ITALIAN SAUSAGE

MILD ITALIAN SAUSAGE, ROASTED RED PEPPERS & ONIONS, PROVOLONE CHEESE & MARINARA ON A TOASTED HOAGIE.....13

### BUENO PUERCO

HOT CHARCOAL ROASTED PORK, HOMEMADE CUBANO SAUCE, MONTEREY JACK, LETTUCE, TOMATO & ONIONS ON A TOASTED HOAGIE.....15

### ITALIAN WRAP

GENOA SALAMI, PROSCIUTTO, PEPPER JACK CHEESE, LETTUCE, TOMATO, PEPPER RINGS & PARMESAN PEPPERCORN RANCH DRESSING IN A TOMATO WRAP.....13

### APPLE PORKKILING

HOUSE ROASTED PULLED PORK, SMOKED CHEDDAR, GRANNY SMITH APPLE & DIJON BBQ ON TOASTED FARM BREAD.....15

**DON’T FORGET BREAKFAST SANDWICHES SERVED ALL DAY!!!**

## FISH

### SHRIMP PO BOY

BEER BATTERED SHRIMP ON A TOASTED HOAGIE WITH LETTUCE, TOMATO, HOMEMADE TARTAR SAUCE & SRIRACHA HOT SAUCE.....EXTRA SHRIMP 1/PC .....13

### CAJUN REDFISH

MILDLY SPICY BREADED FILLETS OF OCEAN PERCH WITH CAJUN MAYO & HOMEMADE COLE SLAW ON TOASTED MULTIGRAIN.....15

### TUNA STEAK

SUSHI GRADE AHI TUNA STEAK ROASTED WITH CAJUN SEASONINGS SERVED WITH ROASTED ONIONS, HOMEMADE COLE SLAW & PESTO ON TOASTED FARM BREAD.....18

### FLIPPER’S REVENGE

OUR OWN SECRET TUNA FISH SALAD RECIPE SERVED WITH LETTUCE & TOMATO ON MULTIGRAIN.....13

## VEGETARIAN

### THE GOURMAND

ROASTED ZUCCHINI, PORTOBELLO MUSHROOMS, ONIONS & RED PEPPERS, MELTED PROVOLONE & GOURMAND SAUCE SERVED HOT ON TOASTED FOCCACIA .....13

### THE BIG CHEESE

MELTED SMOKED CHEDDAR, PROVOLONE & MONTEREY JACK CHEESES ON TOASTED FOCCACIA.....11

### BLACK BEAN BURGER

MILDLY SPICY BLACK BEAN VEGGIE BURGER, PEPPER JACK CHEESE, LETTUCE & TOMATO WITH YOUR CHOICE OF DIJON MUSTARD OR SALSA & SOUR CREAM ON TOASTED FARM BREAD.....13

### THE BLUE SHROOM

GRILLED PORTOBELLO MUSHROOM CAP, ROASTED ONIONS & LETTUCE TOPPED WITH BLUE CHEESE & SUN DRIED TOMATO PESTO ON TOASTED MULTIGRAIN.....13

### THE V-8

FRESH CUCUMBERS, PORTOBELLO MUSHROOMS, RED PEPPERS, ONIONS, ALFALFA SPROUTS, PEPPER RINGS, LETTUCE, TOMATO & SUN DRIED TOMATO PESTO ON MULTIGRAIN.....13

### VEG-O-MATIC

ROASTED ZUCCHINI, PORTOBELLO MUSHROOMS & ONIONS WITH GREEK DRESSING AND CRUMBLED FETA CHEESE ON FRESH FARM BREAD.....13

### BLACK BEAN BURRITO

MILDLY SPICY BLACK BEAN MIX WITH CORN, RED PEPPERS, RED ONIONS & CILANTRO WITH MONTEREY JACK CHEESE, LETTUCE, TOMATO, SALSA & SOUR CREAM WRAPPED IN A WARM FLOUR TORTILLA.....13

### ROASTED TOASTED

ROASTED ZUCCHINI, MUSHROOMS, RED & GREEN PEPPERS, ONIONS, PROVOLONE & GIARDINERA ON A TOASTED HOAGIE WITH VEGGIE STOCK DIPPING JUICE.....13

**LUNCH CATERING**

**PARTY TRAYS**

FEATURING A FINE SELECTION OF GOURMET DELI MEATS; HOUSE ROAST BEEF, SMOKED TURKEY BREAST, GENOA SALAMI, APPLEWOOD CARVING HAM. OHIO CHEESES INCLUDING: PROVOLONE, SWISS, SMOKED SWISS, SMOKED CHEDDAR. LETTUCE & TOMATO, FARM BREAD, POTATO SALAD OR COLE SLAW, LOCAL KOSHER DILL PICKLES, MAYO, DIJON & HONEY MUSTARDS, PLATES, NAPKINS & UTENSILS ARE INCLUDED.....17/PERSON

**BOXED LUNCHES**

YOUR CHOICE OF SANDWICH FROM OUR MENU; CHOICE OF POTATO CHIPS, COLE SLAW OR POTATO SALAD, CANNED SODA OR WATER, COOKIE & PICKLE. NAPKINS & UTENSILS .....20/PERSON

**SALAD TRAYS**

YOUR CHOICE OF GARDEN OR GREEK SALAD SERVED WITH OLIVES, HOMEMADE CROUTONS & YOUR CHOICE OF DRESSINGS. PLATES, NAPKINS & UTENSILS ARE INCLUDED.....9/PERSON  
ADD CHICKEN.....3/PERSON

**TRAYED SANDWICHES & WRAPS**  
PRICED PER ITEM

LOCALLY ROASTED  
YADA YADA  
**COFFEE**

*Scotty's*  
**CIGARS**  
**WINE & BEER**  
FOR TAKE OUT



**ESTABLISHED 1996**

**5345 CANAL RD  
VALLEY VIEW  
ON THE TOWPATH AT  
CANAL & GRANGER**

**WWW.GOURMANDSDELI.COM**

**216.328.0942**

**216.328.9211**

**FAX 216.328.0160**

**M-F 6:30-2PM**

DAILY SOUPS & COFFEES POSTED ON  
**FACEBOOK.COM/GOURMANDSDELI**

**24 HR. NOTICE  
DELIVERY  
AVAILABLE**

MENU 09/2023

**COFFEES & DRINKS**

PROUDLY SERVING  
YADA YADA COFFEE  
FLAVORED *by Scotty*

BY THE POUND .....MKT  
COFFEES.....3/3.5/4  
ESPRESSO.....1.5/SHOT  
CAPPUCCINO.....3.5/5  
LATTE.....4/4.5/5  
MOCHA.....4.5/5/6  
TRI-MOCHA.....7  
DEPTH CHARGE.....4.5/5/5.5  
HOT TEA/ ICED TEA.....3  
HOT CHOCOLATE.....4/4.5/5  
CHAI LATTE/ MATCHA.....4/4.5/5  
SHOT OF SYRUP.....50  
JOE-TO GO (96 OZ BOX).....20  
FROZEN MOCHA.....7  
REAL FRUIT SMOOTHIES.....10  
STRAWBERRY, BANANA, BLUEBERRY, RASPBERRY, PEACH,  
BLACKBERRY, CHERRY, PINEAPPLE, MANGO,  
CHOCOLATE, PEANUTBUTTER, ETC. IN ANY COMBINATION  
PROTEIN/KALE.....1  
FOUNTAIN BEVERAGES.....3  
LOCALLY MADE, NATURAL FLAVORS, REAL CANE SUGAR  
ASSORTED CAN/BOTTLED TEAS, JUICES,  
SODAS & WATERS ALSO AVAILABLE.....

**BREAKFAST & BAKERY**

BREAKFAST CROISSANT.....10  
CHOICE OF SAUSAGE, BACON OR APPLEWOOD CARVING  
HAM WITH SHARP WHITE CHEDDAR & EGG ON A TOASTED  
CROISSANT (OR BAGEL, TOAST OR IN A WRAP)  
BAGELS.....3  
CREAM CHEESE.....1  
LOX.....5  
CAPERS.....50  
OATMEAL .....3  
ADD INS.....1  
MUFFINS & BROWNIES.....3  
COOKIES.....1.25/EA.....15/DZ  
CHOCOLATE CHIP, OATMEAL RAISIN, WHITE  
CHOCOLATE MACADAMIA NUT, PEANUT BUTTER  
CHOCOLATE CHUNK, CRANBERRY APPLE OATMEAL  
CRUNCH, PECAN CARAMEL CHOCOLATE CHUNK,  
CARAMEL APPLE OATMEAL CRUNCH

**SIDE ITEMS**

ZUCCHINI FRIES.....HALF 5 FULL 8  
LIGHTLY BATTERED WITH RANCH DIPPING SAUCE  
POTATO CHIPPERS.....HALF 4 FULL 7  
KETTLE CHIPS FRIED TO ORDER & SEASONED, SERVED  
WITH RANCH DIPPING SAUCE  
FRENCH FRIES.....HALF 4 FULL 7  
BEER BATTERED ONION RINGS  
.....HALF 4 FULL 7  
SILVER DOLLAR POTATO PANCAKES  
SERVED WITH SOUR CREAM .....HALF 4...FULL 7  
BREADED MUSHROOMS.....HALF 5...FULL 8  
WITH RANCH DIPPING SAUCE  
MOZZARELLA STICKS.....7  
WITH MARINARA DIPPING SAUCE  
JALAPENO POPPERS.....7  
STUFFED WITH CHEDDAR OR CREAM CHEESE  
POTATO SALAD (8OZ).....3  
HOMEMADE COLE SLAW (8OZ).....2  
ASST. SNACK BAGS ALSO AVAILABLE.....  
POTATO CHIPS, PRETZELS, ETC.

**SALADS & SOUPS**

ALL SALADS INCLUDE HOMEMADE CROUTONS, KALAMATA  
OLIVES AND YOUR CHOICE OF DRESSING: HOUSE MISO,  
HOUSE ITALIAN, HOUSE RASPBERRY ALMOND, HOUSE  
BLUE CHEESE, HOUSE THOUSAND ISLAND, HOUSE  
BALSAMIC VINAIGRETTE, RANCH, POPPY SEED, GREEK,  
CAESAR, FRENCH, FAT FREE HONEY DIJON, BALSAMIC  
VINEGAR & OIL.....EXTRA DRESSING ...1  
GARDEN SALAD  
SPRING MIX & ROMAINE LETTUCE, TOMATO, PORTOBELLO  
MUSHROOMS, MOZZARELLA & PROVOLONE CHEESE.....12  
GREEK SALAD  
SPRING MIX & ROMAINE LETTUCE, CRUMBLLED FETA &  
KALAMATA OLIVES.....12  
SIDE SALAD WITH CUCUMBER & TOMATO.....6

ADD ROASTED CHICKEN BREAST.....3  
ADD 6 OZ. TUNA STEAK.....9  
ADD CHICKEN SALAD/TUNA SALAD.. ....4

PICK 6 SALADS (SEE MENU INSERT)  
SMALL.....9 LARGE.....12

SOUP OF THE DAY (MADE IN HOUSE)  
8 OZ. CUP.....5  
16 OZ. BOWL .....8

**EXTRAS**

EXTRA SIDE OF DRESSING/SAUCE.....1  
CHEESE.....1  
BACON.....1/SLICE  
LETTUCE, TOMATO, ONION, ETC.....50/EA  
AVOCADO.....2  
BREAD.....1/PC CIABATTA SQUARE.....2/PC

## PICK 6 SALADS

YOUR CHOICE OF LETTUCES & DRESSING WITH 6  
ADDITIONAL TOPPING MADE FRESH IN 2 SIZES!

PLEASE CIRCLE YOUR SELECTIONS

### CHOOSE SIZE:

SMALL 9      LARGE 12

### CHOOSE LETTUCES:

CHOPPED ROMAINE  
SPRING MIX  
BABY SPINACH

### CHOOSE 6 TOPPINGS:

#### CHEESES:

SHREDDED MOZZARELLA/PROVOLONE  
GRATED ROMANO FETA CRUMBLED BLEU

#### VEGGIES,FRUITS,NUTS, ETC

RED ONION                      PISTACHIOS  
TOMATO                      SUNFLOWER SEEDS  
MUSHROOMS                  ROASTED PECANS  
CUCUMBERS                  SLIVERED ALMONDS  
RED PEPPERS                  DRIED CHERRIES  
CHIC PEAS                  MANDARIN ORANGES  
PEPPER RINGS                  RAISINS  
GREEN PEAS                  FRIED ONIONS  
BEETS                  CHOW MEIN NOODLES  
PEPPERONCINIS                  CROUTONS  
KALAMATA OLIVES                  BACON BITS

### CHOOSE DRESSING:

HOUSE MISO VINAIGRETTE  
HOUSE ITALIAN  
BALSAMIC VINAIGRETTE  
GREEK  
CAESAR  
RASPBERRY ALMOND  
BUTTERMILK RANCH  
BLEU CHEESE  
THOUSAND ISLAND  
POPPY SEED  
FAT FREE HONEY DIJON  
FRENCH  
BALSAMIC VINEGAR & OIL

### CHOOSE EXTRAS:

ROASTED CHICKEN BREAST... 3  
TUNA STEAK... 9  
TUNA / CHICKEN SALAD... 4  
AVOCADO...2  
EXTRA DRRSSING ...1

NAME: \_\_\_\_\_  
CIRCLE: HERE GO P.U. \_\_\_\_\_

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