

LUNCH CATERING

PARTY TRAYS

FEATURING A FINE SELECTION OF GOURMET DELI MEATS; HOUSE ROAST BEEF, SMOKED TURKEY BREAST, GENOA SALAMI, BAVARIAN & MAPLE HAMS. OHIO CHEESES INCLUDING: PROVOLONE, SWISS, SMOKED SWISS, SMOKED CHEDDAR. LETTUCE & TOMATO, FRENCH BREAD, POTATO SALAD OR COLE SLAW, LOCAL KOSHER DILL PICKLES, MAYO, DIJON & HONEY MUSTARDS, PLATES, NAPKINS & UTENSILS ARE INCLUDED

..... 10.95/PERSON

BOXED LUNCHES

YOUR CHOICE OF SANDWICH FROM OUR MENU; CHOICE OF POTATO CHIPS, COLE SLAW OR POTATO SALAD; CANNED SODA, COOKIE & PICKLE. NAPKINS & UTENSILS ARE INCLUDED IN EACH BOX

..... 14.95/PERSON

SALAD TRAYS

YOUR CHOICE OF GARDEN OR GREEK SALAD SERVED WITH OLIVES, HOMEMADE CROUTONS & YOUR CHOICE OF DRESSINGS. PLATES, NAPKINS & UTENSILS ARE INCLUDED.....5.95/PERSON
ADD CHICKEN.....2.50/PERSON

COFFEES

FAIR TRADE
LOCALLY ROASTED

CIGARS
WINE & BEER
FOR TAKE OUT



ESTABLISHED 1996

**5345 CANAL RD
VALLEY VIEW
ON THE TOWPATH AT
CANAL & GRANGER**

WWW.GOURMANDSDELI.COM

216.328.0942

216.328.9211

FAX 216.328.0160

M-F 6:30-3PM

DAILY SOUPS POSTED ON
FACEBOOK.COM/GOURMANDSDELI

**LIMITED DELIVERY
AVAILABLE**

MENU 02.2017

COFFEES & DRINKS

BY THE POUNDMKT
COFFEES.....2.25/2.75/2.95
ESPRESSO.....1.25/ SINGLE SHOT
CAPPUCCINO.....2.95/4.25/ ---
LATTE.....3.25/3.75/.4.25
MOCHA.....3.95/4.50/4.95
TRI-MOCHA.....5.95
DEPTH CHARGE.....3.25/3.75/4.00
HOT TEA/ ICED TEA.....1.95
HOT CHOCOLATE.....2.50/2.95/3.50
STEAMERS.....2.50/2.95/3.50
CHAI LATTE.....3.25/3.95/4.95
SHOT OF SYRUP......50
JOE-TO GO (96 OZ BOX).....16.95
FROZEN MOCHA.....5.95
REAL FRUIT SMOOTHIES.....6.95
PROTEIN BOOST/KALE/BACON.....1.50
FOUNTAIN BEVERAGES.....2.25
ASSORTED CAN/BOTTLED TEAS, JUICES,
SODAS & WATERS ALSO AVAILABLE.....

BREAKFAST & BAKERY

BREAKFAST CROISSANT.....6.95
CHOICE OF SAUSAGE, BACON OR MAPLE HAM WITH SHARP
WHITE CHEDDAR & EGG ON A TOASTED CROISSANT (OR
BAGEL, TOAST OR IN A WRAP)
BAGELS.....1.50
CREAM CHEESE......50
LOX.....3.00
CAPERS......50
BAGELS BY THE DOZEN.....19.50
MUFFINS.....2.50 EA26.95/DZ
ASSORTED BAKERY DOZEN.....20.95
COOKIES.....1.25/EA 3/3.00 12.00/DZ
CHOCOLATE CHIP, OATMEAL RAISIN, WHITE
CHOCOLATE MACADAMIA NUT, PEANUT BUTTER
CHOCOLATE CHUNK, CRANBERRY APPLE OATMEAL
CRUNCH, & PECAN CARAMEL CHOCOLATE CHUNK

OUR BAKERY IS MADE IN SMALL BATCHES, PLEASE
CALL AHEAD FOR LARGE ORDERS. THANK YOU!

FRESH BAKED ARTISAN BREADS
AVAILABLE FOR ORDER (24HR NOTICE)

FRENCH (12 SLICES/LOAF).....5.95
JEWISH RYE (14 SLICES/LOAF).....6.95
MULTIGRAIN (12 SLICES/LOAF).....6.95

SIDE ITEMS

ZUCCHINI FRIES.....HALF3.50/ FULL 5.95
LIGHTLY BATTERED WITH RANCH DIPPING SAUCE
POTATO CHIPPERS....HALF 2.50/ FULL 4.50
KETTLE CHIPS FRIED TO ORDER & SEASONED, SERVED
WITH RANCH DIPPING SAUCE
FRENCH FRIES.....HALF 2.25/ FULL 3.95
BEER BATTERED ONION RINGS
.....HALF 2.25/ FULL 3.95
TEXAS TOOTHPICKS.....5.95
BATTERED ONION AND JALAPENO STRIPS
BREADED MUSHROOMS.....4.95
WITH RANCH DIPPING SAUCE
MOZZARELLA STICKS.....4.95
WITH MARINARA DIPPING SAUCE
JALAPENO POPPERS.....4.95
STUFFED WITH CHEDDAR OR CREAM CHEESE
POTATO SALAD (8OZ).....2.50
HOMEMADE COLE SLAW (8OZ).....1.95
ASST. SNACK BAGS ALSO AVAILABLE.....
DIRTY POTATO CHIPS, PRETZELS, ETC.

SALADS & SOUPS

ALL SALADS INCLUDE HOMEMADE CROUTONS, KALAMATA
OLIVES AND YOUR CHOICE OF DRESSING: HOUSE MISO,
HOUSE ITALIAN, HOUSE RASPBERRY ALMOND, HOUSE
BLUE CHEESE, HOUSE THOUSAND ISLAND, HOUSE
BALSAMIC VINAIGRETTE, RANCH, POPPY SEED, GREEK,
CAESAR, FRENCH, FAT FREE ITALIAN, FAT FREE HONEY
DIJON, BALSAMIC VINEGAR & OIL...EXTRA DRESSING50/EA
GARDEN SALAD
SPRING MIX & ROMAINE LETTUCE, TOMATO, PORTOBELLO
MUSHROOMS, MOZZARELLA & PROVOLONE CHEESE...8.95
GREEK SALAD
SPRING MIX & ROMAINE LETTUCE, CRUMBLLED FETA &
KALAMATA OLIVES.....7.95
SIDE SALAD WITH CUCUMBER & TOMATO.....4.95

ADD ROASTED CHICKEN BREAST.....2.50
ADD 6 OZ. TUNA STEAK.....7.95
ADD CHICKEN SALAD/TUNA SALAD.. 2.95

PICK 6 SALADS (SEE MENU INSERT)
SMALL.....6.95 LARGE.....8.95

SOUP OF THE DAY (MADE IN HOUSE)
8 OZ. CUP.....3.95
16 OZ. BOWL.....5.95
HALF SANDWICHES ARE HALF THE MENU PRICE
(MOST MENU ITEMS ARE AVAILABLE IN HALF SIZE)

EXTRAS

EXTRA SAUCE ON THE SIDE......50
CHEESE......95
BACON......75/SLICE
LETTUCE, TOMATO, ONION, ETC.....25/EA
AVOCADO.....1.50
BREAD...75/PC CIABATTA SQUARE...1.50/PC

POULTRY

OLD SMOKEY

SMOKED TURKEY, SMOKED SWISS, LETTUCE, TOMATO & MAYO ON FRENCH BREAD.....8.95

TURKEY CLUB

SMOKED TURKEY, BACON, LETTUCE, TOMATO & MAYO SERVED HOT ON CIABATTA BREAD..... 9.50

CHICKEN CLUB

GOLDEN BATTERED CHICKEN BREAST, BACON, LETTUCE, TOMATO, MONTEREY JACK & RANCH DRESSING ON A TOASTED CROISSANT.....9.95

CHICKEN PARM

GOLDEN BATTERED CHICKEN BREAST, MARINARA & PROVOLONE ON A TOASTED HOAGIE.....8.95

CAJUN CHICKEN

ROASTED CHICKEN BREAST, BACON, MONTEREY JACK & CAJUN MAYO SERVED HOT ON TOASTED MULTIGRAIN..8.95

CHICKEN & CHEESES

ROASTED CHICKEN BREAST, BACON, SHARP WHITE CHEDDAR, PROVOLONE & BBQ SAUCE SERVED HOT ON TOASTED FRENCH BREAD.....8.95

CHICKEN SALAD SANDWICH

HOMEMADE WITH ROASTED CHICKEN BREAST, LETTUCE & TOMATO ON A CROISSANT.....9.50

CHICKEN BAGEL

ROASTED CHICKEN BREAST, PROVOLONE & BBQ OR TERIYAKI SAUCE SERVED HOT ON A BAGEL.....7.95

PULLED TURKEY

OVEN ROASTED TURKEY OFF THE BONE, SERVED HOT WITH PROVOLONE, GARLIC MAYO, LETTUCE & ONION ON TOASTED FRENCH BREAD.....9.50

BUFFALO BILL

GOLDEN BATTERED CHICKEN BREAST, BACON, BUFFALO SAUCE, LETTUCE, TOMATO & BLUE CHEESE DRESSING ON A TOASTED KAISER.....9.95

HAWAII FIVE-OH

SMOKED TURKEY, PEPPER JACK, PINEAPPLE CHUTNEY, BACON, COLESLAW & MAUI SWEET ONION POTATO CHIPS SERVED HOT ON TOASTED FRENCH BREAD.....9.50

MANDALICIOUS

SMOKED TURKEY, BLUE CHEESE DRESSING, THOUSAND ISLAND, PROVOLONE & COLESLAW SERVED HOT ON TOASTED CIABATTA.....9.50

SKINNY WRAP

SMOKED TURKEY, PROVOLONE, LETTUCE, TOMATO, ONION, ALFALFA SPROUTS, PEPPER RINGS & MAYO IN A TOMATO WRAP.....8.95

FAJITA WRAP

ROASTED CHICKEN BREAST STRIPS, ROASTED ONIONS & RED PEPPERS, MONTEREY JACK CHEESE & CILANTRO LIME SAUCE IN A TOASTED FLOUR TORTILLA.....8.95

THE GOBBLER

PULLED TURKEY, ROASTED ONIONS & GREEN PEPPERS,PROVOLONE & GIARDINERA ON A TOASTED HOAGIE WITH CHICKEN STOCK DIPPING SAUCE.....9.95

BEEF

BEEFEATER

ROAST BEEF, PASTRAMI, SHARP WHITE CHEDDAR & HORSIE SAUCE SERVED HOT ON TOASTED CIABATTA...9.50

THE MAD COW

ROAST BEEF, SHARP WHITE CHEDDAR, LETTUCE, TOMATO & MAYO OR HORSIE SAUCE ON FRENCH BREAD.....8.95

TRIPLE “B” MELT

ROAST BEEF, BACON, BBQ, PROVOLONE & ROASTED ONIONS SERVED HOT ON TOASTED FRENCH BREAD....9.50

THE PHILLY

ROAST BEEF, ROASTED ONIONS, PORTOBELLO MUSHROOMS & RED PEPPERS, PROVOLONE & PARMESAN MAYO SERVED HOT ON TOASTED FRENCH BREAD.....9.50

PAISANO

PASTRAMI, SALAMI, PEPPER JACK & CREAMY ITALIAN DRESSING SERVED HOT ON TOASTED CIABATTA.....9.50

NO PHONEY BALONEY

ALL BEEF BOLOGNA CUT THICK & GRILLED WITH SMOKED CHEDDAR, ROASTED ONIONS & DIJON ON TOASTED CIABATTA.....8.50

CORNED BEEF

TRIMMED & SHAVED DAILY & SERVED HOT ON JEWISH RYE WITH YOUR CHOICE OF DIJON, YELLOW MUSTARD OR HORSERADISH.....9.95
JUMBO CORNED BEEF.....13.95.....ADD CHEESE...95

THE REUBEN

CORNED BEEF, SAUERKRAUT, SWISS CHEESE & THOUSAND ISLAND DRESSING SERVED HOT ON TOASTED JEWISH RYE.....10.95

POLISH STEAK

ALL BEEF POLISH SAUSAGE CUT & GRILLED, PROVOLONE, ROASTED ONIONS & HONEY MUSTARD ON TOASTED FRENCH BREAD.....7.50

CHICAGO SQUEALER

1/4 LB. ALL BEEF HOT DOG, DEEP FRIED AND SERVED WITH YOUR FAVORITE TOPPINGS.....5.50
.....ADD CHILI OR CHEESE .95.....

HALF POUND BURGER

ALL BEEF PATTY TOPPED JUST THE WAY YOU LIKE IT ON A TOASTED KAISER.....8.50
.....ADD BACON .75/SLICE.....

GYRO

SEASONED LAMB & BEEF WITH ONIONS, TOMATOES & HOMEMADE CUCUMBER SAUCE IN A WARM PITA.....7.95

THE FAMILY JEWELS

HOMEMADE MEATBALLS, MARINARA & PROVOLONE ON A TOASTED HOAGIE.....9.50

CHICAGO BEEF

HOT SHAVED ROAST BEEF IN AU JUS ON A TOASTED HOAGIE WITH PROVOLONE, ROASTED ONIONS, GREEN PEPPERS & SPICY GIARDINERA.....9.95

POLISH BOY

ALL BEEF POLISH SAUSAGE, SLAW, BBQ & FRIES ON A TOASTED HOAGIE.....7.95

PORK

SMOKEHOUSE PORK CUTLET

CRISPY BREADED CUTLET WITH SMOKED CHEDDAR, BACON, ROASTED ONIONS & PEPPERCORN RANCH ON A TOASTED KAISER.....8.95

THE WHOLE HOG

MAPLE & BAVARIAN HAM WITH HONEY MUSTARD ON FRESH FRENCH BREAD.....7.50
..... ADD CHEESE .95.....

PULLED PORK

CHARCOAL ROASTED PORK, PROVOLONE & BBQ SAUCE ON TOASTED CIABATTA.....9.50

BLT

THREE LAYERS OF TOASTED FRENCH BREAD WITH BACON, LETTUCE, TOMATO & MAYO.....7.95

SMALL BLT

TWO SLICES OF TOASTED FRENCH BREAD WITH BACON, LETTUCE, TOMATO & MAYO.....6.95

ALL ITALIAN

GENOA SALAMI, CAPPICOLA, PROSCIUTTO, PROVOLONE CHEESE & CREAMY ITALIAN DRESSING ON TOASTED FRENCH BREAD.....8.50

THE U-BOAT

THE ULTIMATE SUB SANDWICH WITH BAVARIAN HAM, SMOKED TURKEY, GENOA SALAMI, ALL BEEF BOLOGNA, MONTEREY JACK CHEESE, LETTUCE, TOMATO, PEPPER RINGS & ITALIAN DRESSING ON A HOAGIE.....9.50

THE DAGWOOD

BAVARIAN HAM, SMOKED TURKEY, ROAST BEEF, SWISS CHEESE, LETTUCE, TOMATO & DIJON MUSTARD SERVED COLD ON A CROISSANT.....9.50

MY-THAI

CRISPY BACON & SPICY PEANUT BUTTER ON TOASTED JEWISH RYE.....7.50

ITALIAN SAUSAGE

MILD ITALIAN SAUSAGE, ROASTED RED PEPPERS & ONIONS, PROVOLONE CHEESE & MARINARA ON A TOASTED HOAGIE.....8.95

BUENO PUERCO

HOT CHARCOAL ROASTED PORK, HOMEMADE CUBANO SAUCE, MONTEREY JACK, LETTUCE, TOMATO & ONIONS ON A TOASTED HOAGIE.....9.50

ITALIAN WRAP

GENOA SALAMI, PROSCIUTTO, PEPPER JACK CHEESE, LETTUCE, TOMATO, PEPPER RINGS & PARMESAN PEPPERCORN RANCH DRESSING IN A TOMATO WRAP.....8.95

APPLE PORKKILING

HOUSE ROASTED PULLED PORK, SMOKED CHEDDAR, GRANNY SMITH APPLE & DIJON BBQ ON TOASTED FRENCH BREAD.....9.50

DON’T FORGET BREAKFAST SANDWICHES SERVED ALL DAY!!!

FISH

SHRIMP PO BOY

BEER BATTERED SHRIMP ON A TOASTED HOAGIE WITH LETTUCE, TOMATO, HOMEMADE TARTAR SAUCE & SRIRACHA HOT SAUCE.....8.50

CAJUN REDFISH

MILDLY SPICY BREADED FILLETS OF OCEAN PERCH WITH CAJUN MAYO & HOMEMADE COLE SLAW ON TOASTED MULTIGRAIN.....9.95

TUNA STEAK

SUSHI GRADE AHI TUNA STEAK ROASTED WITH CAJUN SEASONINGS SERVED WITH ROASTED ONIONS, HOMEMADE COLE SLAW & PESTO ON TOASTED FRENCH BREAD.....10.95

FLIPPER’S REVENGE

OUR OWN SECRET TUNA FISH SALAD RECIPE SERVED WITH LETTUCE & TOMATO ON MULTIGRAIN.....8.50

VEGETARIAN

THE GOURMAND

ROASTED ZUCCHINI, PORTOBELLO MUSHROOMS, ONIONS & RED PEPPERS, MELTED PROVOLONE & GOURMAND SAUCE SERVED HOT ON TOASTED CIABATTA.....8.50

THE BIG CHEESE

MELTED SMOKED CHEDDAR, PROVOLONE & MONTEREY JACK CHEESES ON TOASTED CIABATTA.....6.50

BLACK BEAN BURGER

MILDLY SPICY BLACK BEAN VEGGIE BURGER, PEPPER JACK CHEESE, LETTUCE & TOMATO WITH YOUR CHOICE OF DIJON MUSTARD OR SALSA & SOUR CREAM ON TOASTED FRENCH BREAD.....8.50

THE BLUE SHROOM

GRILLED PORTOBELLO MUSHROOM CAP, ROASTED ONIONS & LETTUCE TOPPED WITH BLUE CHEESE & SUN DRIED TOMATO PESTO ON TOASTED MULTIGRAIN.....8.50

THE V-8

FRESH CUCUMBERS, PORTOBELLO MUSHROOMS, RED PEPPERS, ONIONS, ALFALFA SPROUTS, PEPPER RINGS, LETTUCE, TOMATO & SUN DRIED TOMATO PESTO ON MULTIGRAIN.....8.50

VEG-O-MATIC

ROASTED ZUCCHINI, PORTOBELLO MUSHROOMS & ONIONS WITH GREEK DRESSING AND CRUMBLE FETA CHEESE ON FRESH FRENCH BREAD.....8.50

BLACK BEAN BURRITO

MILDLY SPICY BLACK BEAN MIX WITH CORN, RED PEPPERS, RED ONIONS & CILANTRO WITH MONTEREY JACK CHEESE, LETTUCE, TOMATO, SALSA & SOUR CREAM WRAPPED IN A WARM FLOUR TORTILLA.....8.50

ROASTED TOASTED

ROASTED ZUCCHINI, MUSHROOMS, RED & GREEN PEPPERS, ONIONS, PROVOLONE & GIARDINERA ON A TOASTED HOAGIE WITH VEGGIE STOCK DIPPING JUICE.....8.95

PICK 6 SALADS

YOUR CHOICE OF LETTUCES & DRESSING WITH 6
ADDITIONAL TOPPING MADE FRESH IN 2 SIZES!

PLEASE CIRCLE YOUR SELECTIONS

CHOOSE SIZE:

SMALL 6.95 LARGE 8.95

CHOOSE LETTUCES:

CHOPPED ROMAINE
SPRING MIX
BABY SPINACH

CHOOSE 6 TOPPING:

CHEESES:

SHREDDED MOZZARELLA/PROVOLONE
GRATED ROMANO FETA CRUMBLED BLEU

VEGGIES,FRUITS,NUTS, ETC

RED ONION	PISTACHIOS
TOMATO	SUNFLOWER SEEDS
MUSHROOMS	ROASTED PECANS
CUCUMBERS	SLIVERED ALMONDS
RED PEPPERS	DRIED CHERRIES
CHIC PEAS	MANDARIN ORANGES
PEPPER RINGS	RAISINS
GREEN PEAS	FRIED ONIONS
BEETS	CHOW MEIN NOODLES
PEPPERONCINIS	CROUTONS
KALAMATA OLIVES	BACON BITS

CHOOSE DRESSING:

HOUSE MISO VINAIGRETTE
HOUSE ITALIAN
BALSAMIC VINAIGRETTE
GREEK
CAESAR
RASPBERRY ALMOND
BUTTERMILK RANCH
BLEU CHEESE
THOUSAND ISLAND
POPPY SEED
FAT FREE HONEY DIJON
FAT FREE ITALIAN
FRENCH
BALSAMIC VINEGAR & OIL

CHOOSE EXTRAS:

ROASTED CHICKEN BREAST...2.50
TUNA STEAK...7.95
TUNA OR CHICKEN SALAD...2.95
AVOCADO...1.50

NAME: _____
CIRCLE: HERE GO P.U. ____

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