Poultry:

Old Smokey*
Smoked Turkey, Smoked Provolone, Lettuce, Tomato & Mayo served Cold on Farm Bread.....$14

Turkey Club
Smoked Turkey, Bacon, Lettuce, Tomato & Mayo served Hot on Focaccia Bread…….$14

Hawaii Five-Oh
Smoked Turkey, Pepper Jack, Pineapple Chutney, Bacon, Coleslaw & Maui Sweet Onion Potato Chips served Hot on Toasted Farm Bread…….....…….$16

Mandalicious
Smoked Turkey, Blue Cheese Dressing, Thousand Island, Provolone & Coleslaw served Hot on Toasted Focaccia.$14

Skinny Wrap*
Smoked Turkey, Provolone, Lettuce, Tomato, Onion, Sprouts, Pepper rings & Mayo in a Tomato Wrap……..$15

Pulled Turkey
Roasted Turkey off the Bone, Served Hot with Provolone, Garlic Mayo, Lettuce & Onion on Toasted Farm Bread…….$15

The Gobbler
Pulled Turkey, Roasted Onions, Red & Green Peppers, Provolone & Giardiniera on a Toasted Hoagie with Chicken Au Jus dipping sauce on the side……...……..$16

Chicken Club
Golden Battered Chicken Breast, Bacon, Lettuce, Tomato, Monterey Jack & Ranch on a Toasted Croissant…...…..$16

Chicken Parm
Golden Battered Chicken Breast, Marinara & Provolone on a Toasted Hoagie…….…...……..$13

Cajun Chicken
Roasted Chicken Breast, Bacon, Monterey Jack & Cajun mayo served Hot on Toasted Multigrain……..$13

Chicken & Cheeses
Roasted Chicken Breast, Bacon, Sharp White Cheddar, Provolone & BBQ sauce served Hot on Toasted Farm Bread…….$13

Chicken Salad Sandwich*
Homemade with Roasted Chicken Breast, Lettuce & Tomato on a Croissant…….$15

Buffalo Bill
Golden Battered Chicken Breast, Bacon, Buffalo sauce, Lettuce, Tomato & Blue cheese dressing on a Toasted Kaiser Bun…….……..$16

Fajita Wrap
Roasted Chicken Breast Strips, Roasted Onions & Red peppers, Monterey jack & Cilantro lime sauce in a Toasted Flour Tortilla…….…...$14

Chicken Philly
Roast Chicken, Roasted Onions, Portabella Mushrooms & Red Peppers, Provolone & Parmesan mayo served Hot on Toasted Farm Bread…….$15

Beef:

Beefeater
Roast Beef, Pastrami, Sharp White Cheddar & Horsie sauce served Hot on Toasted Focaccia……...$16

Paisano
Pastrami, Salami, Pepper Jack & Creamy Italian dressing served Hot on Toasted Focaccia……..……$15

The Mad Cow*
Roast Beef, Sharp White Cheddar, Lettuce, Tomato & Mayo or Horsie sauce on Farm Bread…….$16

Triple "B" Melt
Roast Beef, Bacon, BBQ, Provolone & Roasted Onions served Hot on Toasted Farm Bread……..$16

The Philly
Roast Beef, Roasted Onions, Portabella Mushrooms & Red Peppers, Provolone & Parmesan mayo served Hot on Toasted Farm Bread…….$16

Chicago Beef
Hot Shaved Roast Beef on a Toasted Hoagie with Provolone, Roasted onions, Red & Green Peppers & Spicy Giardiniera with Beef Au Ju dipping sauce on the side……...……..…$16

Chicago Squealer
¼ lb. All Beef Hot Dog, Deep Fried & Served with your Choice of Toppings ……..……$8
Add Chili +$1.25 ….. ……..……...Add Cheese + $1

Half Pound Burger
All Beef Patty Topped Just the Way You Like It on a Toasted Kaiser Bun …….$15
Add Bacon ……..……..+$1/ Slice

No Phoney Baloney
All Beef Bologna cut thick & Fried with Smoked Cheddar, Roasted Onions & Dijon on Toasted Focaccia……...……$15

Corned Beef
Trimmed & Shaved daily & Served Hot on Rye with your choice of Dijon, Yellow Mustard or Horseradish……$17
Jumbo…..…...$21 **Add Cheese**……+$1

The Reuben
Corned beef, Sauerkraut, Swiss Cheese & Homemade Thousand Island dressing served hot on Toasted Rye….$19

Polish Steak
All Beef Polish Sausage cut & grilled, Provolone, Roasted Onions & Honey Mustard served on Toasted Farm Bread……..……..……$12

Polish Boy
All Beef Polish Sausage, Coleslaw, BBQ & Fries on a Toasted Hoagie……..……$13

Gyro Seasoned Lamb and Beef with Onions & Tomatoes in a Grilled Pita with Homemade Cucumber sauce…..……..$13

The Family Jewels
Homemade Meatballs, Marinara &Provolone on a Toasted Hoagie……..$15

Pork:

Smokehouse Pork Cutlet
Crispy Breaded Cutlet with Smoked Cheddar, Bacon, Roasted Onions & Peppercorn ranch on a Toasted Kaiser Bun……...$13

BLT
Three Layers of Toasted Farm Bread with Bacon, Lettuce, Tomato & Mayo……...$14

Small BLT
Two Slices of Toasted Farm Bread with Bacon, Lettuce, Tomato & Mayo……...$12

All Italian
Genoa Salami, Capicola, Prosciutto, Provolone & Creamy Italian dressing on Toasted Farm Bread.....$14

Italian Sausage
Mild Italian Sausage, Roasted Red peppers & Onions, Provolone & Marinara on a Toasted Hoagie……...$13

Pulled Pork
House Roasted Pulled Pork, Provolone & BBQ sauce on Toasted Focaccia……..……..……..$16

Apple Porkling
House Roasted Pulled Pork, Smoked Cheddar, Granny Smith Apple & Dijon BBQ on Toasted Farm Bread…….$16

Bueno Puerco
House Roasted Pork, Homemade Cubano sauce, Monterey jack, Lettuce, Tomato & Onions on a Toasted Hoagie…….…….$16

The Whole Hog*
Applewood Carving Ham with Honey Mustard served Cold on Fresh Farm Bread……..……..…$12
Add Cheese……..……..…..……..…..+$1

The U-Boat*
The Ultimate Sub Sandwich with Applewood Ham, Smoked Turkey, Genoa Salami, All Beef Bologna, Monterey Jack, Lettuce, Tomato, Pepper rings & Greek dressing on a Hoagie……...……$16

The Dagwood*
Applewood Ham, Smoked Turkey, Roast Beef, Swiss, Lettuce, Tomato & Dijon mustard served Cold on a Croissant……..$16

Italian Wrap*
Genoa Salami, Prosciutto, Pepper Jack, Lettuce, Tomato, Pepper rings & Parmesan Peppercorn Ranch dressing in a Tomato Wrap……...$14

My-Thai
Crispy Bacon & Spicy Peanut Butter on Toasted Rye….$12

Fish:

Shrimp Po' Boy
Beer Battered Shrimp on a Toasted Hoagie with Lettuce, Tomato, Homemade Tartar sauce & Sriracha……..$13
Extra Shrimp……...$1Per Piece

Cajun Redfish
Mildly Spicy Breaded Fillets of Ocean Perch with Cajun Mayo & Homemade Coleslaw on Toasted Multigrain....$16

Flipper's Revenge*
Our Own Secret Tuna Fish Salad recipe served with Lettuce & Tomato on Multigrain…….$13

Vegetarian:

The Gourmand
Roasted Zucchini, Portobello Mushrooms, Onions & Red peppers, Melted Provolone & Gourmand sauce served Hot on Toasted Focaccia…….$13

The Big Cheese
Melted Smoked Cheddar, Provolone & Monterey Jack on Toasted Focaccia……..$11

Black Bean Burger
Mildly Spicy Black Bean Burger, Pepper Jack, Lettuce & Tomato with your choice of Dijon mustard OR Salsa & Sour cream on Toasted Farm Bread…….$13

The Blue Shroom
Grilled Portobello Mushroom Cap, Roasted Onions & Lettuce topped with Blue cheese & Sun Dried Tomato Pesto on Toasted Multigrain……..……..$13

The V-8*
Fresh Cucumbers, Portobello mushrooms, Red peppers, Onions, Sprouts, Pepper Rings, Lettuce, Tomato & Sun-dried Tomato Pesto on Multigrain……..…….$13

Veg-O-Matic
Roasted Zucchini, Portobello Mushrooms & Onions with Greek dressing and Crumbled Feta Cheese on Fresh Farm Bread…….$13

Black Bean Burrito
Mildly Spicy Black Bean Mix with Corn, Red peppers, Red Onions & Cilantro with Monterey Jack, Lettuce, Tomato, Salsa & Sour Cream wrapped in a Warm Flour Tortilla..$13

Roasted Toasted
Roasted Zucchini, Mushrooms, Red & Green peppers, Onions, Provolone & Giardiniera on a Toasted Hoagie with Veggie Stock Dipping Sauce…….$13

Cold Sandwiches are noted with an asterisk

LUNCH CATERING:

PARTY TRAY ……..…$18/Person

Featuring a Fine Selection of Gourmet Deli Meats and Cheeses Served with Lettuce, Tomato, Pickles and Farm Bread. With a choice of Coleslaw, Potato Salad, **or** Both. Plates, Napkins & Utensils are Included.

Meats Included: House Roast Beef, Smoked Turkey Breast, Genoa Salami, and Applewood Carving Ham.
Cheeses Included: Provolone, Swiss, Smoked Cheddar, and Smoked Provolone.
Sauces Included: Mayo, Dijon, & Honey Mustard.

BOXED LUNCHES…. $22/Person

Your Choice of any Sandwich from Our Menu!
Served with a Canned Soda or Water, Freshly Baked Cookie, and a Pickle.
With your choice of Potato Salad, Chips, or Coleslaw. Napkins & Utensils are Included.

Cookie Options: Chocolate Chip, Oatmeal Raisin, White Chocolate Macadamia Nut, Peanut Butter Chocolate Chunk, Cranberry Apple Oatmeal, Pecan Caramel Chocolate Chunk, Caramel Apple Oatmeal

SALAD TRAYS …..…….. $10/Person
With Chicken……..…..$13/Person

Your Choice of a Greek, Gardan, or Ceasar Salad Served with Olives, Homemade Croutons & Your Choice of Dressings. Plates, Napkins & Utensils are Included.

TRAYED SANDWICHES & WRAPS ARE AVAILABLE AT COST!

GOURMAND'S
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VALLEY VIEW, OH

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DAILY SOUPS & COFFEES POSTED ON FACEBOOK & INSTAGRAM: @GOURMANDSDELI

24 Hr. NOTICE DELIVERY AVAILABLE

2026

COFFEES & DRINKS:

Local Yada Yada Coffee By the Pound………MKT
Coffees……..……..……3/3.5/4
Espresso 2 oz……..……..……2.75
Cappuccino……..…..……..…4.25/5.75
Latte……..……..…4.5/5.5/6.5
Shot of Flavored Syrup……..…75¢
Cold Brew……..……..……..……4/5.5
Add Flavored Cold Foam Top…..…….. +1.50
Mocha……..……..……5.5/6.5/7.5
Frozen Mocha ……..……..……..8
Depth Charge……..……..……5.5/6/6.5
Chai Latte/Matcha…….……..……4/4.5/5
Hot Tea/Iced Tea…..……..……..3
Hot Chocolate……..……. 4/4.5/5
Joe To Go (96 oz. Box)……..……..24
Create Your Own Real Fruit Smoothie……..……..10
Strawberry, Banana, Blueberry, Blackberry, Raspberry, Mango, Pineapple, Local Honey and Yogurt in any combo!
Add Kale/Spinach……..……..+1/Each
Add Protein……..……..+2
Antioxidant Smoothie……..……..…..10
Blueberry, Blackberry, Raspberry, and Strawberry.
The Tessa Smoothie…….……..……10
Peanut Butter, Chocolate, Banana, & Oat Milk

Breakfast & Bakery:

Classic Breakfast Sandwich……..……..10
Choice of Sausage, Bacon OR Ham with Sharp White Cheddar Cheese & Egg on a Toasted Croissant, Bagel, Toast or in a Wrap.
LOX Bagel……..……..11
Lox, Cream Cheese, Capers, Tomatoes & Red Onions.
Feisty BELT……..……..11.50
BLT, Egg, & Cajun Mayo On Toasted Farm Bread.
Swiss Miss Wrap……..……10
Roasted Mushroom & Onion, Spinach, Swiss, Egg, & Garlic Mayo in a Toasted Plain Wrap.
Veg Out Bagel……..…10
Cream Cheese, Egg, Avocado, Lettuce, Tomato, Red Onion & Cucumber.
Bagel w/ Cream Cheese……..……..……..4
Plain, Asiago, Everything, Cinnamon Raisin, & Sesame.
Multigrain Oatmeal……..…3
Add ins: Almonds, Pecans, Raisins, Dried Cherries, or Smoothie Fruits…… +1/Each
Yogurt Parfait……..…..6.75
Mixed Berries, Yogurt, & Granola Topped with Local Honey.
Muffins & Brownies……..……..……..3
Cookies……..…1.50/Each……..……..……18/DZ

SIDES & SNACKS:

Zucchini Fries……..Half 5..…Full 8
French Fries……..……..……Half 4……Full 7
Potato Chippers……..Half 4……Full 7
Kettle Chips Fried to Order & Seasoned, Served with Ranch Dipping Sauce.
Beer Battered Onion Rings……. Half 4…..Full 7
Breaded Mushrooms……..……..…Half 5…..Full 8
Silver Dollar Pancakes……..…….....Half 4…..Full 7
Add a side of Sour Cream +1.
Mozzarella Sticks……..……..……..7
Served with Marinera Sauce
Jalapeno Poppers……..……..……..7
Stuffed with Cheddar OR Cream Cheese
Potato Salad (8oz) ……..……..……3
Homemade Coleslaw (8oz) ……..……..……..2
Assorted Bagged Chips and Pretzels are Available in Store!

SALADS & SOUPS

All Salads include Homemade Croutons, Kalamata Olives and your choice of Dressing: House Miso, House Italian, Raspberry Almond, Blue Cheese, Thousand Island, Balsamic Vinaigrette, Ranch, Poppy Seed, Greek, Caesar, French, Fat Free Honey Dijon, Balsamic Vinegar & Oil.

Add Roasted Chicken Breast……..……..…+3
Add Chicken Salad/Tuna Salad……..……..+4
Add Avocado……..……..……+2
Extra Dressing……..……..……..+1

Garden Salad
Spring mix & Romaine Lettuce, Tomato, Portobello mushrooms, Mozzarella & Provolone cheese……12

Greek Salad
Spring mix & Romaine lettuce, Crumbled Feta & Kalamata Olives…..……..……..…12

Ceasar Salad
Romaine Lettuce, Homemade Croutons, & Grated Parmesan……..……..……12

Pick 6 Salads Design your own! *(see menu insert)*
Small……..……..10 Large…..…..……..……..13

Side Salad with Cucumber & Tomato…..……..……6

Soup of the Day (made in house)
8 oz. Cup……..……..……..……..…5
16 oz. Bowl……..……..……..……8
Add a Slice of Farm Bread……..……..1.50/pc
Add a Ciabatta Square……..……..……..3.5/pc